

St. Vincent's Nursery Ltd

*Wiltshire Lane, Pinner, Middlesex, HA5 2LX
(020) 8426 1492 / (020) 8426 1490*

Policy for Sickness and Medicine

Medicine

- If your child has been prescribed antibiotics in any form, they must stay home for at least one full day of treatment, in case of any reactions
- Please ensure that any medication is in original packaging with pharmacy label, stating child's full name and dosage, otherwise we are unable to administer it under health and safety guidance
- To meet our registration requirements we are not able to give non prescribed medication
- **Under the new guidelines from the NHS, in children under five a fever is considered to be a temperature higher than 37.5C.**
- Calpol may be given if a child has a high temperature of 38.0 or (if a child has been monitored and we feel they need the Calpol at 37.8 it will be administered and the same procedures will be followed).
- **If your child has had Calpol or any other oral suspension medication at home or in the nursery they need to stay at home until the temperature has returned to normal (37.5 or below) for 24 hours without the use of medication.**
- **Parents are not to give their children Calpol, etc. prior to coming to nursery as this can mask other symptoms. (Please inform your child's carer if your child is teething or not had a good nights sleep, etc in order for them to keep an eye on your child) If you do your child won't be able to attend nursery.**

Administering Medicine

- Parents must fill in a consent form prior to medicine being given
- Only prescribed medication will normally be administered
- The medicine must be clearly labelled with the child's name and be in the original containers, it must be handed in to the office for safe keeping
- All medicine must be kept in the locked cabinet (in the office) or the fridge (in the milk kitchen) where children cannot access it
- The key worker allocated on the day is responsible to ensure medicine is given by a level 3 member of staff, if not qualified they may NOT WITNESS OR GIVE the medication, a level 2 may witness, but not give medication. Staff must comply with the following guidelines:
 - a) Collect the medicine and make sure the correct name is on the correct bottle and that the parents have filled in the consent form

- b) Read the instructions carefully, and then check the dosage to be administered corresponds with the dosage the parent has signed for. Confirm the details with another member of staff
 - c) Give the medication to the correct child reassuring them at all times
 - d) Depending on the child's age, prepare them before hand as to what will be happening, especially if the child seems upset
- Replace the medication back in the locked cabinet or fridge
 - Fill in the administration form ensuring person who gave medication and the witness sign in the appropriate place and place a tag on the child's peg for the parents to sign to acknowledge it has been given at the correct times
 - Observe for any adverse reactions or side effects
 - Never exceed the stated dose
 - Calpol will only be administered if a child suddenly becomes ill with a high temperature (37.8/38.0 or above) and we would contact parents first for verbal permission (written permission is obtained on our registration form when a parent registers their child), the normal administration of medicine procedure would follow
 - Students, trainees or assistants must never be allowed to administer or witness medication

Temperatures

- Calpol may be given if a child has a temperature of 38.0 or (if a child has been monitored and we feel they need the Calpol at 37.8 it will be administered and the same procedures will be followed).
- If the nursery feels it may be down to teething the child will be monitored for one hour. If the temperature does not reduce, the parent will be contacted to collect the child.
- However, if other illnesses are present in the nursery, then the child will need to be collected immediately, to ensure the wellbeing of the child and others as giving Calpol could mask other illnesses.
- On return to nursery, following time off for illness, all children must be able to participate fully in the nursery routine which includes accessing outdoor activities. Exceptions to this will only be made if there is a specific medical reason i.e. requested by Dr or Hospital, or if child has a plaster cast on (water activities). Other than this, if a parent feels a child is just not ready to participate fully in nursery activities, for example going outside, then they are not ready to return to nursery. As well as the child possibly needing more time to recover, the nursery has to run to strict staff/child ratios.

Anaphylaxis:

- Children who suffer from Anaphylaxis are to have a clear care plan in place and are to have x2 Auto Injectors at nursery at all times.
- Children are not allowed to be at nursery without these.
- Auto Injectors should be clearly labelled with the child's full details on it.
- If a child has suffered an Anaphylactic Shock they will not be able to return back to nursery for 48hrs and until new Auto Injectors has been given to the nursery.

Sickness

<u>Sickness/Illness</u>	<u>Time needed to be away from nursery</u>
Sickness and/or diarrhoea	48hrs from last bout of sickness/diarrhoea and should be eating and drinking normally
Conjunctivitis	Min 48hrs and until eyes completely clear of infection
Chickenpox	5-7 days or until blisters have completely scabbed over
Hand, foot and mouth	5-7 days
Impetigo	5-7 days or until skin is completely clear of infection
Head lice	1-5 yrs Until appropriate treatment has been given under 1yrs Until all gone as cant use chemical treatments
Measles	5-7 days from onset of rash

This is a rough guide to how long your child should be off. Please consult management team if your child is diagnosed with a contagious illness

When a doctor advises a liquid only diet, the child must be kept at home until a normal diet has been resumed. Babies must also be on full strength milk.

Please inform the office, on arrival, of any illnesses or medications your child has been prescribed and whether they have been given any medication at home prior to coming to nursery.

Due to a review under environmental health, if a child has symptoms of any contagious illness or disease and you are advised to see a doctor, if the doctor says they are unsure or says it is not infectious or contagious, the child can only return to nursery if the doctor puts in writing on headed paper with an official stamp.

We apologise for any convenience this causes but we have a legal duty to protect children, where possible, of being exposed to diseases or infections.

The above guidelines must be followed to prevent the spread of infection to other children and staff.

Thank you for your cooperation and understanding in this matter, which assists us in the smooth running of the nursery.

Asthma

We aim to work in partnership with the parents to ensure that the needs of children suffering from Asthma are met.

1. All children suffering with asthma will participate fully in all activities
2. All asthma medication must be labelled with the child's name
3. Children should have immediate access to their reliever inhaler and parents are required to leave an inhaler to stay at nursery.
4. The environment must be favourable to children with asthma e.g. no smoking, no furry or feathery pets

5. Written records e.g. letter detailing information from parents i.e. what, when, and how medication is to be taken, also what to do if their asthma gets worse.
6. This information will be available to all staff
7. Prior to a child being given inhaler/medication the parent must fill in a permission slip and every time a child is given/takes medication, this must be recorded in the medicine book and the parent or person collecting the child has to be informed and will be required to sign the medicine book
8. The parent can give long term permission
9. Inhalers will be taken on any trip or outings
10. Inhalers will be checked on a monthly basis to ensure they are still in date.

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