

St Vincent's Breakfast Menu



Winter

Monday

A selection of cereals with full fat milk
Wholegrain toast with low fat butter
Contains: Dairy, Gluten

A choice of soft fruits available

Tuesday

A selection of cereals with full fat milk
Pancakes with sugar free jam
Contains: Dairy, Gluten

A choice of soft fruits available

Wednesday

A selection of cereals with full fat milk
English Muffin with low fat butter
Contains: Dairy, Gluten

A choice of soft fruits available

Thursday

A selection of cereals with full fat milk
Half a bagel with cream cheese and Cucumber Sticks
Contains: Dairy, Gluten

A choice of soft fruits available

Friday

A selection of cereals with full fat milk
Toasted Tea Cake with low fat butter
Contains: Dairy, Gluten

A choice of soft fruits available

Full fat milk and fresh drinking water is available for the children during breakfast time