



St Vincent's Snack Menu

Winter

Monday

Apples and Banana (2-5s to prepare their own)

Tuesday

Clementine's and pineapple (2-5s to prepare their own)

Wednesday

Carrot and Cucumber Sticks with dips
(Humous or Tzatziki)

Contains: Dairy

Thursday

Warm whole wheat pitta bread with humous (2-5s to spread their own)

Contains: Gluten

Friday

Oatcakes with cream cheese and carrots (2-5s to spread their own)

Contains: Dairy

Full fat milk and fresh drinking water is available for the children during snack time